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PREVENT BLINDNESS FOUNDATION

**Queensland Eye Institute &
Prevent Blindness Foundation**

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LASER treatment For Dry Eyes





DRY EYES

Dry eyes are a very common but potentially debilitating condition. There are many causes of dry eye, but the most common is meibomian gland dysfunction, also called Blepharitis. This results in the important oil layer of our tears being unstable and thinner than it should normally be. This leads to dryness, irritation, redness and blurred vision.

Traditionally the only treatments available have been tear drops. Dr Cronin was the first ophthalmologist in Australia to use IPL (Intense Pulsed Light) for the treatment of meibomian gland dysfunction.

IPL stimulates the meibomian glands to create a healthier and thicker oil layer for the tears. This leads to a significant reduction in dryness and an improvement in redness, pain and vision.

The treatment is painless and no needles or injections are required. Four gentle applications of the laser are applied to each lower eyelid, you will feel a “warmth” on the cheeks and lids. The treatment is repeated after 2 weeks, 1 month and then monthly until symptoms have resolved. Sometimes a “top-up” treatment may be required a few months later.

